



Citizens' Council for Health Freedom

Health Freedom Minute

April 22, 2020

The Power of Proning to Save COVID-19 Patients

Doctors say COVID-19 is unlike any disease they've ever seen. Patients have very low oxygen levels in their blood, but they aren't exerting effort to breathe. Oxygen saturation levels should be around 100 percent but these patients can be at 80, 70, 60, or even 50 percent and still be sitting up, talking and texting with an oxygen mask on. At these levels most people are put on ventilators, but doctors believe ventilators are hurting these patients so they're using CPAP, high oxygen and proning.

Proning is the surprise. Patients are put on their stomach and on their side, but not on their backs. This takes the weight of the heart off the lungs and many recover without a ventilator. Doctors are innovating quickly to cure patients and limit death. Keep them in your prayers.

“How letting patients in intensive care lie FACE DOWN boosts their chances of surviving,” Sam Blanchard, Daily Mail, April 14, 2020:

<http://dailym.ai/2Kf4sZu>

Presented daily by Twila Brase, President, Citizens' Council for Health Freedom.

*The Health Freedom Minute is now heard in 47 states:
Mornings M-Th at AM1280 (The Patriot) in MN and 91.5 AM WHKC (FreedomFM) in OH,
afternoons on American Family Radio, and daily on the CSN network
and Bott Radio Network.*